



Dear all,

Here's the December easy read update. Please share it and tell us about what you find useful.



Email: england.learning.disability@nhs.net



Thanks and best wishes,

NHS England's learning disability programme



Diary dates

New roles – free webinar



11th December, 11am – 12pm

Would you like to find out about designing, developing and delivering new roles?

Please see the flyer to find out more.



For more information, email:

TCPWFPEvents@skillsforhealth.org.uk

Supporting individual employers and PAs

Free events: various dates and locations

If you support people who employ their own personal assistants (PAs), come to a Skills for Care event.





Events share the best ways of working and offer the chance to network with other people in the sector.



Events cover things like recruitment, 'sleep in's' and learning and development.

They are for people who work in organisations that support individual employers or those who want to find out more about this.



Find your local event at:

www.skillsforcare.org.uk/IEevents.

Using hospitals less



Social care in prevention – get involved in research

Prevention is about how we can stop people having health problems in the first place.



It is about how people can maintain their health, independence, wellbeing and quality of life for longer.

Skills for Care have asked [Wavehill Ltd.](http://Wavehill Ltd) to look at how adult social care can help.



To share research or good ways of working, email Andy Parkinson, at:

andy.parkinson@wavehill.com

or



Liz Burtney, at:
liz.burtney@skillsforcare.org.uk



By 18th January.

Trainee Nursing Associates expansion in Learning Disabilities Services



The Nursing Associate role has been introduced to support the delivery of nursing care across health and care services in England.



The first Trainee Nursing Associates graduate in December 2018.

Nursing Associates will develop knowledge and skills to work in health and care settings.



A training grant is offered to Trainee Nursing Associates who work at least 50% of their practice time in an NHS Learning Disability service.



Participants must start on the programme from 1st September, and it runs until 31st December 2018.



It is open to NHS and non-NHS providers of NHS-commissioned services.

To find out more, email:



North:
Jean.Hayles@hee.nhs.uk



Midlands and East:
Jackie.brocklehurst@hee.nhs.uk



London:
Kathryn.Jones@hee.nhs.uk



South:
Clare.chivers@hee.nhs.uk



Return to Practice (RTP) Learning Disability Nursing

Supporting trained learning disability nurses to return to nursing is the best way of strengthening the workforce.



Health Education England supports employers to use this route.

The offer includes:

- Support of up to £2,500 this financial year
- A £5,000 payment to employers for each person recruited to RTP for learning disability nursing.



This is as well as the current approach to support previous registrants back onto the nursing register.



To find out more, email the national RTP Team:
returntopractice.wm@hee.nhs.uk or
Phone: 0121 695 2221

Building support in communities

Using conversations to assess and plan people's care and support



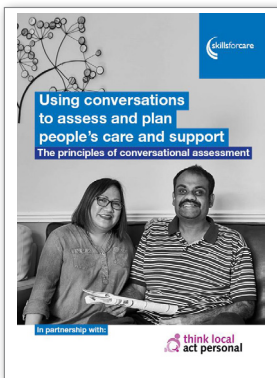
'Conversational assessment' puts conversations between equals at the heart of finding out about people.

It helps plan people's care and support.



It helps reflect their wishes and needs and deliver person-centred support.

Skills for Care has a new guide about conversational assessment and how to use it. It helps people understand what care and support is available.



Download the guide from:

www.skillsforcare.org.uk/conversations



Better care, health and quality of life

Help us, help you

NHS England and Public Health England have a new name for their winter campaign.



It is called 'Help Us, Help You'.

It aims to take some of the pressure off NHS services.



It has messages about flu immunisation, staying well in winter, NHS 111, community pharmacy and longer GP hours.



Find out more by registering on the [Public Health England resource centre](#).



Learning Disability Mental Health

MindEd provides free e-learning sessions to help to identify and assess learning disability, behaviours that challenge and mental health problems.



We will guide staff on how to support adults with learning disabilities, to identify issues and make outcomes better for people you support.

We have developed the resources with parents and families with lived experience.



Find out more at: www.minded.org.uk



What's new!

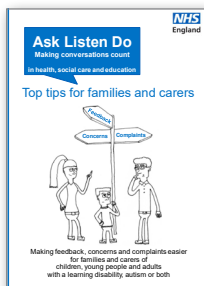
The Easy Read Newsletter Winter 2018-19 is out now. [Read it here.](#)

Email us to tell us what you think at: engage@nhs.net

In this newsletter you can find out about:



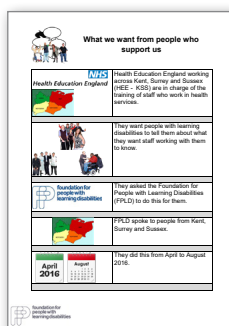
- Sepsis – when your body reacts badly to infection
- Care and treatment reviews (CTRs) and getting ready to leave secure hospitals
- **Ask Listen Do:** helping services to be better at listening to people
- Protecting yourself from flu
- Learning from deaths of people with a learning disability



If you have any feedback, get in touch.



[Emerald publication](#) have published an article called “Workforce development: perspectives from people with learning disabilities” in [Tizard Learning Disability Review](#).



The original work was carried out by the [Foundation for people with Learning Disabilities](#).

You can read this at:

<https://idhekss.wordpress.com/reports/id-hee-project-reports/#2>



This paper looks at what people with a learning disability want from staff supporting them. It was commissioned by Health Education England.

70 people filled in an easy read questionnaire, co-produced with people with learning disabilities.



The work found that people with a learning disability value staff with a positive attitude, who support them to be independent and have a voice.



Services users said staff needed to listen, have trust and be able to learn skills.

The work will help to recruit staff, match staff to services and train them.



You can read the article at:

<https://www.emeraldinsight.com/doi/abs/10.1108/TLDR-04-2017-0018#>

Resources - topics important to people with a learning disability and autism



The Twisting Ducks Theatre Company

The Twisting Ducks Media Company has produced resources on subjects important to people with a learning disability and autism.



This work has increased their wellbeing and represented their life experiences through art:



- Don't Forget Your Passport! A film about hospital passports for people with a learning disability - <https://www.youtube.com/watch?v=EUzPV9XFPOc>



- Hospital passports & reasonable adjustments for patients with a learning disability. (for health professionals) <https://youtu.be/nnArjW3euhw>



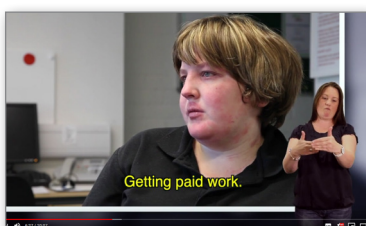
- Silly Girl - this is about family planning: <https://youtu.be/bLgOOP0aJho>



- I don't feel well - About health disclosures: <https://youtu.be/ORYBFC4CXRQ>



- Works for us! Jobs giving social empowerment for people with a learning disability and/or autism: <https://youtu.be/gszgbYbZhlw>



- Work for all: <https://youtu.be/GZ2KIYvWW6s>



Find out more about Work for all at:
<http://www.thetwistingducks.co.uk/work-for-all>

Pictures: [Photosymbols](#)
Easy read and design: [otherness](#)